



St Vincent's Newcastle – Food Bank

Shopping list

Long Life milk

Pasta Sauces

Packet or tinned custard

Tins of potatoes – Carrots – mixed veg

Squash to dilute

Corned beef

Tinned meat

Fray Bentos pies

Crisps

Cooking oil

Lasagne sheets

Children's treats

Rice pudding

Tuna

Crumble Mix

Stock cubes (meat & Veg)

Smash

Dumpling Mix

Suet Mix

Gravy Granules (Meat & veg)

Tomato Ketchup/brown sauce

Mayonnaise

Jars of sauce (curry/sweet & sour)

Biscuits

Cereal

Tea/coffee

Jam, honey, Marmalade, Golden syrup

Toiletries

Nappies – Baby toiletries

Shampoo

Shower Gel

Soap

Razors

deodorant

Cleaning Products

Bleach

Washing Up liquid

Anti-bacterial wipes and sprays

Washing Powder

Thank You for all your donations